



University Behavioral Health Care

Center for Continuing Education
Rutgers University Behavioral Health Care (UBHC)
Behavioral Research and Training Institute (BRTI)
2020 Professional Development Series

***Treating Addiction in Psychotherapy Practice:
Harm Reduction and Moderate Drinking***

with **Dr. Arnold M. Washton, Addiction Psychologist**



Target Audience:

Addiction professionals,
social workers, professional
counselors and psychologists

Registration Fee: \$89



A psychologist specializing in the treatment of substance use and other behavioral health problems since 1978, Dr. Washton is co-founder of The Washton Group, a private practice in Princeton NJ and NYC. He has served as Clinical Professor of Psychiatry at NYU School of Medicine, as director of several nationally recognized addiction treatment and research programs, and as consultant to professional sports teams, government agencies, media organizations, and major corporations.

Dr. Washton has been a recipient of research grants from the National Institute on Drug Abuse, has served on the Substance Abuse Advisory Committee of the U.S. Food and Drug Administration, and has given expert testimony before special committees of The U.S. Senate and House of Representatives on drug abuse trends in America.

Dr. Washton is the author of several books, including "**Treating Alcohol and Drug Problems in Psychotherapy Practice: Doing What Works**" (Guilford Press) and "**Willpower's Not Enough: Understanding and Recovering From Addictions of Every Kind**" (Harper-Collins).

[Click Here To Register](#)

Friday, October 2, 2020

9:00 am - 12:15 pm

Rutgers University
Behavioral Health Care (UBHC)
Behavioral Research and
Training Institute (BRTI)



Live Webinar via WebEx
Link will be distributed to registrants
on Wednesday, September 30, 2020

Program Objectives:

- Explain why it is important for all practicing therapists to know how to treat addiction.
- Summarize the basic principles and practices of a nuanced client-centered approach.
- Describe harm reduction strategies and various evidence-based psychosocial approaches for treating moderate drinking.



JOINTLY ACCREDITED PROVIDER*
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Rutgers Biomedical and Health Sciences is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE) and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare.



AMERICAN
PSYCHOLOGICAL
ASSOCIATION

Psychologists: This course is approved for **3.0** CE Credits. Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office Maintains responsibility for the content of the programs.



Certified Counselors: Rutgers University Behavioral Health Care has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6198. Programs that do not qualify for NBCC credit are clearly identified. Rutgers University Behavioral Health Care is solely responsible for all aspects of the program. (**3.0** Clock Hours)



Alcohol and Drug Counselor LCADC/CADC: This course will count for **3.0** recertification credits by the Certification Board of NJ, Inc.

Social Workers (The New Jersey Board of Social Work Examiners): This program is approved for social work continuing education hours by Rutgers University Behavioral Health Care in accordance with New Jersey administrative code 13:44G-6.4 and recognized by The New Jersey Board of Social Work Examiners. This program is approved for **3.0** continuing education hours.